Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: MZK

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: MOERMAN Helena

Coaches: DE SAEDELEER Jodie HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 11: 100M BUTTERFLY WOMEN 13+ Heat:2, starttime: 16:35

Heat: 2/4 Lane : 3 Athlete: VERPLANCKE MARA **Q-time: 01:26:05**

PB (25m pool): 01:26.05 Brugge 04/10/2026 **PB (50m pool):** 01:26.27 **SB:** 01:26.05 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.53		01:26.05	
		00:37.53		*00:48.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+ Heat:2, starttime: 16:45

Heat: 2/6 Lane : 3 Athlete: DERVAUX ARNOUT **Q-time: 01:21:12**

PB (25m pool): 01:21.68 Nijlen 16/11/2025 **PB (50m pool):** 01:21.12 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.41		01:21.68	
		00:39.41		*00:42.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13+ Heat:3, starttime: 16:45

Heat: 3/6 Lane : 1 Athlete: RIGOLE MAURO **Q-time: 01:19:42**

PB (25m pool): 01:21.86 Nijlen 16/11/2025 **PB (50m pool):** 01:19.42 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.65		01:21.86	
		00:39.65		*00:42.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 2: COACH evaluation sheet for TEAM: MZK

Event number: 12: 100M BACKSTROKE MEN 13+ **Heat:3, starttime: 16:45**

Heat: 3/6 Lane : 2 Athlete: TANGHE BATIS **Q-time: 01:18:90**

PB (25m pool): 01:18.90 Brugge 04/10/2026 **PB (50m pool):** 01:21.65 **SB:** 01:18.90 Brugge 04/10/2026

	25M	50M	75M	100M	
PB		00:38.58		01:18.90	
		00:38.58		*00:40.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: